

S1 EP. 8

I Am He

GROUP DISCUSSION GUIDE

The
CHOSEN
Connect

The CHOSEN Connect

GROUP DISCUSSION GUIDE



S1 EP. 8 I Am He

WHY CHOSEN CONNECT?

This guide is designed to help your group go beyond simply watching *The Chosen*. It invites them to reflect on the deeper meaning behind the series and explore the same source that inspired its creators—the Bible. As God’s Word, the Bible offers encouragement, wisdom, and direction for our lives today.

As you facilitate the discussions, pray for these outcomes in the lives of participants:

1. Pray that participants will recognise how the Lord is calling them to respond to the biblical stories and truths portrayed in *The Chosen*.
2. Pray that participants will develop a deeper connection with Christ as they encounter him in his Word and among fellow believers.
3. Pray that participants will have an increased desire to read and study Scripture on their own.

S1 EP. 8 *I AM HE*



This discussion guide also includes a reading plan to help you personally apply the lessons from *The Chosen*. You can go through it on your own or with your group, allowing for deeper reflection and ongoing conversation. Enjoy the journey!

HOW TO USE THIS MATERIAL

Each episode of *The Chosen* explores many meaningful themes, and it's impossible to cover everything in one discussion. That's why this group discussion guide offers multiple approaches, allowing you to choose the one that best fits your group.

This guide includes four different tracks, each focusing on a unique perspective from the episode. To prepare, we recommend watching the episode on your own first. Then, review the four options and prayerfully select the track that will be most relevant for your group.

Each track begins by inviting *initial reflections* on the episode. Then, it helps the group dig in by reading and discussing Scripture. Finally, it ends by encouraging you to consider how the Lord may be calling you to respond.

Choose what you want to work on and follow the icon of your choice.



Track 1:

I want to deepen my faith



Track 2:

I want to learn to live my faith with others



Track 3:

I want to better understand what Jesus meant



Track 4:

I want to give hands and feet to my faith



Season 1 episode 8

TRACK 1: I WANT TO DEEPEN MY FAITH

We did not choose him
He chose us...

Initial reflections

At the beginning of this episode, Jacob is searching for the land that God promised his grandfather, Abraham. While talking with someone he meets along the way, he says, “*We didn’t choose him ... he chose us*” [01:51-03:04 min].

- What struck you about this scene?
- What does Jacob mean by this statement about being chosen? Why is it important for him and his family? What does it mean to you to be chosen by God?
- In this scene, Jacob refers to God as “the Invisible One”. Is God invisible? How does he reveal himself?

Dig in

Throughout Scripture, God is known by many names, each revealing something about his character. In this episode, names like El Shaddai, Adonai, El Roï, Messiah and Jesus are mentioned. The Bible gives us even more names that help us understand who he is.

Let’s read Daniel 7:13-14 and Colossians 1:15 together.

- What do these passages tell us about God the Father?
- What do these passages tell us about Jesus?
- The Daniel passage speaks about Christ’s authority. What areas of your life still need to be brought under Jesus’ authority? What step can you take to submit that area of your life to him this week?



Respond

Prepare a big sheet of paper and some coloured pencils.

Let's each find three more names of God and put them on this poster. Include where you found them in Scripture and what they mean.

- Which names did you find? What do they mean?
- Have you ever experienced God in a way that reflects one of these names? Tell us about it.
- Choose the name that resonates most with you right now and colour it in on the poster board. Why does this particular name stand out to you?

Let's take a few minutes to pray, thanking God for who he is. Ask him to continue revealing himself to you in new and deeper ways.



Season 1 episode 8

TRACK 2: I WANT TO LEARN TO LIVE MY FAITH WITH OTHERS

The God who sees you...

Initial reflections

When Jesus called Simon to follow him, Simon left his wife, Eden, behind. In this episode, Jesus lets Eden know that he sees her too, acknowledging her role in the larger story. Jesus also saw the woman at the well—someone shunned and rejected by her own people but never overlooked by him.

- Do you live like you truly believe that God sees and cares for you? Why or why not?
- What do you think God sees in you? How does his view shape your identity?
- What do you think about Simon leaving his wife behind to follow Jesus?

Dig in

Another person Jesus sees is Nicodemus. At this point in *The Chosen*, Nicodemus is struggling—he is captivated by Jesus yet hesitant to fully commit. When Jesus personally invites him to follow, Nicodemus cannot bring himself to leave behind his life and do it. He weeps as he watches Jesus leave without him.

Let's read Matthew 11:28-30 together.

- What does Jesus invite us to do in this passage? What does he promise us?
- What does Jesus say about his own heart?
- What does it mean to take Jesus' yoke upon yourself?
- Why do you think Nicodemus is not yet ready to accept Jesus' invitation?
- What stops you from accepting Jesus' invitation? What burdens do you struggle to surrender to him?



Respond

Prepare a stack of A4 paper, tape and coloured markers.

Let's take some time to encourage one another. Each person will have a sheet of paper taped to their back. Over the next ten minutes, go around and write a few words on each person's paper about how you see Jesus reflected in them and what you believe God sees in them.

- How do you think you fit into God's larger story?
- Following Jesus is not always easy—we saw that in Jesus' conversation with Eden. Did you count the cost of following him before you made the decision to give him your life, or have discovered it along the way?
- Is there something Jesus is asking you to leave behind to follow him more fully?

Take your paper home and place it somewhere visible as a reminder of how God sees you. Keep talking to him about it, knowing that he walks alongside you, transforming you more and more to be like Jesus.



Season 1 episode 8

TRACK 3: I WANT TO BETTER UNDERSTAND WHAT JESUS MEANT

Q&A sessions But Master...

Initial reflections

Imagine this—you receive an assignment from God that you don't fully understand. You're asked to do something unfamiliar, something that feels uncomfortable or even risky. Your mind is racing with questions. This is exactly what happens to the disciples in this episode when Jesus tells them they must travel through Samaria.

- Has Jesus ever led you to do something that was similarly shocking to you? How did you respond?
- When Simon hears the Samaritan woman's testimony about Jesus, he gets excited as he imagines the possible outcome. What do you think he imagines?
- Have you ever felt like you completely understood God, only to realise later that you didn't? Tell us about it.

Dig in

We can approach Scripture in two ways: as a book of answers where we expect God to address all our questions, or as a precious gift through which he reveals himself to us.

Let's read Psalm 119:1-16, 24, 30, 60, 89, 105, 130, 133, 140, 161, 165, 168. Throughout the psalm, the author expresses deep love for God's words and their importance in his life.

- What stands out to you from these verses?
- Why does the author love God's Word?
- How do you approach Scripture? Can you say that you love God's Word the way the psalmist does?



- Do you think the Bible is relevant to us today? Can it speak to the questions and struggles of modern life?
- How is God speaking to you today through the verses we just read?

Respond

When Jesus speaks to the woman at the well, He shifts the focus away from where people worship and toward how they worship. He tells her that true worship is about worshipping “in spirit and in truth”—with both the heart and the mind. He says, *“It won’t matter where you’re from or what you’ve done”* [41:18-48:24 min].

- What does it mean to worship God in spirit and truth?
- How does Scripture shape the way we worship?
- We say a person has integrity when their character, thoughts and actions are unified and consistent. What does it look like to worship God in integrity?



Season 1 episode 8

TRACK 4: I WANT TO GIVE HANDS AND FEET TO MY FAITH

It brought him here... Thank you

Initial reflections

In this episode, Eden thanks Simon for obeying and following Jesus. *“It led him here,”* she says [29:29:43 min].

- Is there someone in your life whom you are thankful for because they chose to follow Jesus? How has their faith impacted you?
- How does your faith impact the people around you? Does your obedience help bring Jesus closer to them? How?

Dig in

Let's read Luke 5:27-32.

In this passage, Levi, who is also called Matthew, responds to Jesus' call by preparing a meal for him and inviting both old and new friends into his home. The Pharisees criticise Jesus for eating with tax collectors and sinners, but he responds, “It is not the healthy who need a doctor, but the sick.”

- Why did the Pharisees and teachers of the law get upset?
- What does Jesus' response to them mean?
- Why is it important that we learn to recognise our sinfulness and need for a saviour?
- Jesus brings healing not just physically but also spiritually and emotionally.
 - Are there people in your life who need healing? How can you be Jesus' hands and feet in their lives?
 - Where do you need healing from the sickness of sin in your own life?



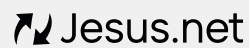


Respond

Let's take a moment to reflect on the people who have played a role in bringing Jesus into our lives—those who have followed him in ways that have impacted us.

- Like Eden did with Simon, how can you let them know you're grateful?
- Could you write them a note, visit them or invite them for a meal? Let's share ideas.

The CHOSEN Connect



The Chosen Connect materials have been created by Alongsiders, OneHope, Jesus.net, and Living Image.

Chosen Connect's heart is to make disciples and walk alongside others as they follow Jesus.



Did you like this dicussion guide?

Find more at jesus.net/home.

Watch the series on The Chosen app or at watch.thechosen.tv.

© Copyright 2025 Stichting Alongsiders
All rights reserved.